

COCAINE ANONYMOUS MEETING LIST

Cocaine Anonymous CANY, Inc.
48 West 21st Street, Suite 905
New York, NY 10010
(212) 929-7300

Note: All meetings are PM unless noted

MANHATTAN	SUN	MON	TUE	WED	THU	FRI	SAT
Lesbian & Gay Community Center 208 W 13 th Street Between 7 th & 8 th	CD/T 11:10-12:25 Sunday Serenity						B/G&L 6:00-7:30 Centered On Sobriety
All Angels church 251 W. 80 St. Between West End and Broadway		T 7:30-8:30 West Side Story					
418 East 119 th Street Btwn 1 st & Pleasant			T/CD 8:00-9:30 Living Sober				
46 th St. Clubhouse 252 W. 46 th St. Btwn Bway & 8 th Ave				B/T 9:15 - 10:15 Inside Job			
Presbyterian Church Bldg. 921 Madison Ave., 5 th Floor Between 73rd & 74th Streets				B/S 6:15-7:30 Miracles On Madison			
Miracle on 42 nd Street 303 West 42 nd St. Rm. 404 bt. 8 th & 9 th Ave. across from the Port Authority bus station						B/OD 7:30-8:30 Miracle on 42 nd St. (Round robin)	
Holland House 351 W. 42 nd St. 1 st . floor Between 8 & 9 Ave.							B/OD 6:30-8:00 What Got Us Here
CANY Office 48 W21 st Street, 9 th Floor Between 5 th And 6 th Ave Buzzer 905#	BB/T 4:00-5:00 Sober on Sunday	T 12:30-1:30 Meditation Meeting B 6:15-7:45 Starting Over	B 12:30-1:30 A Guide to the Steps 1, 2 and 3 B 6:30-7:30 Tools Of Recovery	T 12:30-1:30 Pitch Meeting S* 6:15-7:30 Chelsea Serenity G&L Yes We Can 8:00-9:00	B 12:30-1:30 To The Newcomer CP 6:15-7:15 Promises, Promises W/B/T 7:30-8:30 Ladies Night	T 12:30-1:30 Lunchtime Meeting B/T 6:00-7:15 Happy Hour	B 12:30-1:30 Saturday Beginner's B 7:00-8:15 Woodshed Last Saturday: Anniversary Meeting
Wagner Community Center 435 East 120 th Street -or- 50 Paladino Avenue					OD/B 7:00-8:30 Just Say No (5 th 2 nd Thursday)		
GMHC 119 West 24 th between 6 th & 7 th		B/G&L 8:00-9:15 It Works If You Work It					
BROOKLYN	SUN	MON	TUE	WED	THU	FRI	SAT
Trinity Church 3775 18 th . Ave. Brooklyn NY. 11218 (Enter on the corner of E. 8 th Street)				BB 7:00-8:00 CA Brooklyn Big Book Study		CD/S* 7:00-8:00 Business Meeting 3 rd Friday of the month	
Outreach Project 960 Manhattan Ave., Greenpoint, Bkln 3 rd Fl						B/OD 7:30 - 8:30 No Matter What	
Congregation Ahavath Israel of Greenpoint Synagogue 108 Noble St Greenpoint, Bkln			B/OD 7:00 - 8:00 A Solid Foundation				

QUEENS	SUN	MON	TUE	WED	THU	FRI	SAT
Recovery In The Gardens 50 Ascan Ave. (Room 204); Forest Hills				B/CD 7:30-8:30 Anniversary the last Wed.			
Woodside Winners St. Jacobus Church 72-01 43 rd Ave.; Woodside		CD 7:00-8:30 Rotating Format					
The Last Straw Flushing Hospital Parsons Blvd & 45 th Ave Administrative Building Auditorium unless noted	S/CD 10:00-11:30 AM Traditions last Sun.		BB/OD 7:00-8:30 Big Book Experience (First 164 pages)		7:00-8:15 12&12 Experience		B/CD 7:00-8:30 Anniversary last Sat.
LONG ISLAND	SUN	MON	TUE	WED	THU	FRI	SAT
New Life At The Oaks South Oaks Hospital 400 Sunrise Hwy; Amityville Travel Info: 631-264-4000	CD 8:00-9:00 Valentine Hall	CD 8:00-9:00 Valentine Hall	B 8:00-9:00 Carone Hall	CD 8:00-9:00 Valentine Hall			CD 8:00-9:00 Valentine Hall
Our Lady of Lourdes 855 Camens Road; Massapequa				BB/OD 8:45-9:45 Sober Toast			
Rock Solid Recovery 29 Quealy Place St Agnes Cathedral Rockville Centre					BB/OD 7:00-8:15 Big Book Experience		
St. John's Lutheran Church Riverside Ave. & Olive Street Long Beach, NY		BB/OD 7:00-8:15 The Way Out BB Experience					
Friends of Bridge 5-11 Pflug Place Valley Stream, NY 11580					BB/OD Freedom of Life 7:30 - 8:30 Big Book Study		
Parkway Community Church 95 Stewart Ave. Hicksville, NY 11801						BB/OD 7:30-9:00 Circle of Life	
SYRACUSE	SUN	MON	TUE	WED	THU	FRI	SAT
St. John's Church (Park & Court)				B 6:00-7:00 Freedom 1 Group			
Brick House Inp. 5013 West Teneca Tpk., S-1 Bldg.					B 7:30-8:30 Freedom 2 Group		
Crouse Irving Memorial Hospital 736 Irving Avenue Conf. Rm. A (1 st Fl.)						B 7:30-8:30 Genesis 2 Detox Group	
410 South Crouse Street, 3 rd Floor			B 1:00-2:00 Genesis 2 Group			B 1:00-2:00 Genesis 2 Group	
Brick House 3606 James Street		B 7:00-8:00 Miracle on James Street					
Salvation Army 1105 South State Street			7:30-8:30				
Commonwealth Treatment Center 6012 East Molloy Road		8:00-9:00 Survivors Group					
St. Lucy's Church 432 Grifford Street Rear Entrance					B 6:00-7:00 Truth or Consequence		
UPSTATE NEW YORK	SUN	MON	TUE	WED	THU	FRI	SAT
First Presbyterian Church 100 West Court Street, Rome		7:30 - 9:00					

B-Beginners, BB - Big Book, CD-Closed Discussion, M-Men Only, OD-Open Discussion, {public invited}, S-Step Meeting, T-Topic, W-Women Only, CP-Candlelit Promises, G&L-Gay & Lesbian,

NEW JERSEY	SUN	MON	TUE	WED	THU	FRI	SAT
United Methodist Church 96 Third Street Atlantic Highlands, NJ 07732	CD/B 7:00-8:30 Sanity at Sunset						
Calvary Methodist 3 rd & Osborn Keyport NJ.					B/S 7:00 - 7:40 Beginner Step Meeting OD 8:00 - 9:15 Hope, Faith & Courage		
Christ Church 257 Fourth Street; South Amboy		CD/B 7:30-8:45 New Freedom				Living In The Solution 8:00-9:00 Open Discussion	
New Attitudes Club House Throckmorton Street Freehold NJ. 07728						CD/BB 7:45-9:00 Friday Night Recovery Group	
90 Kings Highway Middleton, NJ				OD 7:30 - 8:30 Keep It Simple			
St Matthew's Trinity Church 57 8 th Street Hoboken, NJ		CD 6:30 - 7:30 Live Free					



Spring 2010

NEW YORK METROPOLITAN AREA MEETING DIRECTORY

PREAMBLE

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership; we are fully self-supporting through our own contributions. We are not allied with any sect, denomination, politics, organization or institution. We do not wish to engage in any controversy, and we neither endorse nor oppose any causes. Our primary purpose is to stay free from cocaine and all other mind-altering substances and to help others achieve the same freedom. We use the Twelve-Step Recovery Program because it has already been proven that the Twelve-Step Recovery Program works.

Adapted with permission from A.A. Grapevine Inc.

The Twelve Steps of Cocaine Anonymous

1. We admitted we were powerless over cocaine and all other mind-altering substances - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives to the care of God, *as we understood Him*.
4. Make a searching and fearless moral inventory of our selves.
5. Admitted to God, to our selves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory, and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

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The Twelve Traditions of Cocaine Anonymous

1. Our common welfare should come first; personal recovery depends upon CA unity.
2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscious. Our leaders are but trusted servants; they do not govern.
3. The only requirement for CA membership is a desire to stop using cocaine and all other mind-altering substances.
4. Each group should be autonomous except in matters affecting other groups or CA as a whole.
5. Each group has but one primary purpose - to carry its message to the addict who still suffers.
6. Every CA group ought to never endorse, finance or lend the CA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.
7. Every CA group ought to be fully self-supporting declining outside contributions.
8. Cocaine Anonymous should remain forever non-professional, but our service centers may employ special workers.
9. CA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Cocaine Anonymous has no opinions on outside issues; hence the CA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion, we need always maintain personal anonymity at the level of press, radio, television and films.
12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

(Reprinted and adapted from the Big Book of Alcoholics Anonymous with the permission of AA World Services, Inc.)

Phone Numbers

Cocaine Anonymous New York Area

CANY Area is a service organization of the individual, autonomous CA groups in the Greater New York Area. We maintain an office and phone service, produce this meeting list, have a public relations committee, reply to the hundreds of inquiries and requests for help received in the mail and more. We are a forum for discussion and information, financed solely by contributions from member groups.

All groups in the Greater New York Area are encouraged to join CANY Area. It is our only method of communication. Each group should choose two service representatives. All other CA group members are welcome to attend as a non-voting participants. Area Meetings are held on the second Wednesday of each month at 6:30 PM at the CANY Office.

CANY Committee Meetings

- **CANY Area Business Meeting**
CA Office - Second Wed of each month 6:30pm
- **Hospitals & Institutions Committee**
Greenpoint Synagogue - First Tue of each month 6:15pm
- **Special Events Committee**
CA Office - Third Wed of each month 6:30pm

Meeting list updates literature@canewyork.org

Visit us online <http://canewyork.org>

HELPLINE (212)COCAINE (262-2463)